

S	O	B	E	R
Self-help support group	Addiction	Has fewer than 90 days clean/sober	Pain pills	Meditation
Family	Resentments	Meth	Affirmations	NNAMHS
Relationships	Better communication	FREE	Mental Health Court	High risk situation
Inhalants	Positive coping strategies	Marijuana	Money problems	Relapse
Heroin	Has finished Step Nine	Memory loss	Celebrated a recovery milestone/Anniv within the past week	Co-occurring disorder

S	O	B	E	R
Mental Health Court	Meditation	Better communication	Relationships	Celebrated a recovery milestone/Anniv within the past week
Pain pills	High risk situation	Inhalants	Resentments	Affirmations
Treatment	Memory loss	FREE	Family	Has fewer than 90 days clean/sober
Money problems	NNAMHS	Meth	Positive coping strategies	Co-occurring disorder
Addiction	Self-help support group	Trigger	Has a sponsor	Has finished Step Nine

S	O	B	E	R
Mental Health Court	Family	Money problems	Has a sponsor	Affirmations
Addiction	Trigger	Treatment	Co-occurring disorder	Resentments
Goals	Positive coping strategies	FREE	Marijuana	NNAMHS
Memory loss	Inhalants	High risk situation	Better communication	Relapse
Celebrated a recovery milestone/Anniv within the past week	Relationships	Meditation	Has fewer than 90 days clean/sober	Meth