

B	I	N	G	O
When you need to stand up for your rights	Accommodating	Competing	One's own ideas don't get attention	I win you win
Can escalate conflict	When you know you cannot win	Losers may retaliate	Avoiding	No winners no losers
When there is a high level of trust	When you realize you are wrong	FREE	Avoiding	Compromising
I lose you win	To serve the "common good"	I win you lose	Compromising	I win you win
Competing	Avoids conflict by withdrawing sidestepping or postponing	No winners no losers	You bend I bend	Collaborating

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When you realize you are wrong	Avoiding	One's own ideas don't get attention	Can escalate conflict	Losers may retaliate
Competing	You bend I bend	I win you win	Avoids conflict by withdrawing sidestepping or postponing	No winners no losers
I lose you win	Avoiding	FREE	Compromising	Accommodating
Compromising	No winners no losers	When you need to stand up for your rights	Collaborating	To serve the "common good"
I win you lose	I win you win	When there is a high level of trust	When you know you cannot win	Competing

B	I	N	G	O
Avoids conflict by withdrawing sidestepping or postponing	No winners no losers	Avoiding	I win you win	Avoiding
When you need to stand up for your rights	I lose you win	I win you lose	When you know you cannot win	I win you win
When there is a high level of trust	Collaborating	FREE	To serve the "common good"	Compromising
When you realize you are wrong	No winners no losers	One's own ideas don't get attention	You bend I bend	Competing
Compromising	Accommodating	Losers may retaliate	Can escalate conflict	Competing