

B	I	N	G	O
Sleep training saved us	Enjoy every moment	Sleep when baby sleeps	Snacks in every room	Swaddle them tight
Limit the first visitors	Nothing can prepare you	Double up the crib sheets	Everyone is winging it	Never wake a sleeping baby
Drive them to sleep	Gripe water works	FREE	Ask for help	Blowouts go up the back
Zippers beat snaps	Keep wipes in the car	Coffee is your friend	Book the birth class	Get out of the house
Fed is best	Shower every single day	Buy a good carrier	Skip the newborn clothes	Skip the wipe warmer

B	I	N	G	O
Stick to a routine	Keep wipes in the car	Freeze some meals now	Every baby is different	Bounce on a yoga ball
Cut their nails asleep	Limit the first visitors	Listen to the nurses	Trust your instincts	Drive them to sleep
Learn infant CPR	Pacifiers are fine	FREE	Zippers beat snaps	Skip the newborn clothes
Double up the crib sheets	Gripe water works	Try every bottle brand	Never wake a sleeping baby	Blowouts go up the back
Swaddle them tight	Keep the name secret	Ask for help	Everyone has an opinion	Snacks in every room

B	I	N	G	O
Drive them to sleep	Learn the football hold	Try cloth diapers	Babies just need love	Shower every single day
Everyone is winging it	Coffee is your friend	Every baby is different	Take lots of pictures	Limit the first visitors
Nothing can prepare you	Get out of the house	FREE	Stick to a routine	Enjoy every moment
Zippers beat snaps	Sleep when baby sleeps	Listen to the nurses	Cut their nails asleep	Sleep training saved us
Learn infant CPR	Spicy food starts labor	Teach them baby signs	Everyone has an opinion	Ask for help