

B	I	N	G	O
Thoughtful	Acceptance	Effort	Reassurance	Good Communication
Boundaries	Support	Patience	Active Listening	Shared Decision making
Trust	Appreciation	Fight Fair	Forgiveness	Share Feelings
Giving & Receiving	Positive Self-esteem	Encouragement	Honesty	Balance
Respect	Co-operation	Understanding	Commitment	Equality

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Trust	Appreciation	Shared Decision making	Active Listening	Balance
Commitment	Share Feelings	Fight Fair	Good Communication	Positive Self-esteem
Boundaries	Effort	Patience	Honesty	Thoughtful
Giving & Receiving	Co-operation	Support	Encouragement	Reassurance
Respect	Understanding	Equality	Acceptance	Forgiveness

B	I	N	G	O
Share Feelings	Honesty	Co-operation	Commitment	Encouragement
Balance	Equality	Boundaries	Fight Fair	Thoughtful
Giving & Receiving	Respect	Patience	Appreciation	Support
Trust	Positive Self-esteem	Understanding	Active Listening	Acceptance
Forgiveness	Shared Decision making	Reassurance	Effort	Good Communication