

# CHALLENGER

|                                        |                                        |                         |                                        |                                |
|----------------------------------------|----------------------------------------|-------------------------|----------------------------------------|--------------------------------|
| This is my first challenge group       | Certified Instructor                   | Doing Hammer and Chisel | I have lost 10 lbs thanks to Beachbody | Drink Regular Shakeology       |
| Doing 22 Minute Hard Corps             | Lost 5lbs                              | Emerald Coach           | Coach                                  | I want to learn about coaching |
| Using Beachbody Performance Line       | Doing 21 DF                            | <b>FREE</b>             | Doing Yoga Retreat                     | Done the 3 Day Refresh         |
| I have lost 40 lbs thanks to Beachbody | Done the Ultimate Reset                | Have On Demand          | Doing P90x<br>P90x2<br>P90x3           | Drink Vegan Shakeology         |
| Doing 21DFX                            | I have lost 25 lbs thanks to Beachbody | Doing Cize              | Veteran Challenger                     | Doing Country Heat             |

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| Doing Yoga Retreat                     | Certified Instructor             | <b>FREE</b>                    | Doing P90x<br>P90x2<br>P90x3           | Have On Demand             |
| Doing Country Heat                     | This is my first challenge group | Doing Cize                     | I have lost 40 lbs thanks to Beachbody | Doing 21DFX                |
| Drink Regular Shakeology               | Doing T25                        | I want to learn about coaching | Emerald Coach                          | Lost 5lbs                  |

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| I have lost 25 lbs thanks to Beachbody | I want to learn about coaching | Veteran Challenger               | Done the Ultimate Reset | Doing 21 DF                            |
| Have On Demand                         | Coach                          | <b>FREE</b>                      | Doing Yoga Retreat      | Doing Hammer and Chisel                |
| Doing T25                              | Drink Regular Shakeology       | Doing 21DFX                      | Certified Instructor    | This is my first challenge group       |
| Lost 5lbs                              | Emerald Coach                  | Done the 3 Day Refresh           | Drink Vegan Shakeology  | Doing Cize                             |