

B	I	N	G	O
What is one of your talents?	Give someone a hi5 or a compliment...	Name a characteristic you admire in others.	What are 2-3 things you are grateful for?	Share a positive experience you have had over the past month.
I feel good when people...(?)	What is at least 1 activity you engage in in order to boost your self-esteem	Share about a characteristic you have improved in over the years...	Homework: Do something nice for someone or give them a compliment (maybe a stranger!)	Share about one thing in your life that you would not change.
What is a skill you have developed?	What is something about your appearance or physical attributes that you would not change?	FREE	I am at my peak at this time of the day....	Name at least one thing you do that shows respect for yourself.
Name one "people skill" you manage well.	What do others say they like about me?	Share a goal or dream which you have not yet accomplished.	Name a personal accomplishment you are proud of (can be "ordinary").	Share a positive trait or strength about yourself with the group.
Name a goal you finally met or accomplished.	I feel good about myself when....(?)	Share about a time you overcame an obstacle or fear.	Who is someone you admire and why?	Mimic an activity you are good at or confident in.

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