

Affirmation

I will have a good day	I am happy	I do not leave my class without permission	I respect myself	I listen well
I complete my chores	I will go to sleep early	I love my mom	I am hopeful	I raise my hands for permission
I will eat breakfast	I will participate in all activities	All about me	I am optimistic	I have good thoughts
I like to color	I respect others	I like to draw	I have coping skills	I look for the best
I follow directions	I can do my work assignment	I love myself	I will talk about my problems	I complete my homework

Affirmation

I will participate in all activities	I am hopeful	I respect myself	I complete my chores	I love my mom
I do not leave my class without permission	I will talk about my problems	I listen well	I can do my work assignment	I raise my hands for permission
I like to color	I am optimistic	All about me	I have good thoughts	I am happy
I have coping skills	I love myself	I will have a good day	I complete my homework	I respect others
I like to draw	I look for the best	I will eat breakfast	I will go to sleep early	I follow directions

Affirmation

I can do my work assignment	I love myself	I am hopeful	I look for the best	I am optimistic
I will have a good day	I like to color	I like to draw	I will go to sleep early	I listen well
I will eat breakfast	I complete my homework	All about me	I respect others	I have coping skills
I will participate in all activities	I raise my hands for permission	I respect myself	I will talk about my problems	I do not leave my class without permission
I have good thoughts	I am happy	I love my mom	I complete my chores	I follow directions