

B	O	N	E	S
Vitamin D	1-2 years	Endocrine	Osteoporosis	Kyphosis
Calcium	Supine	Nervous	Acute Pain	Osteoclasts
Screening Test	Walking	FREE	Alendronate	High Fiber Diet
Hypocalcemia	Porous	Joints	Fracture	Milk Cheese Yogurt
Estrogen	Caffeine smoking alcohol	Osteoblasts	Women	DEXA

B	O	N	E	S
Walking	Acute Pain	Osteoporosis	Calcium	Nervous
Endocrine	Women	Kyphosis	Caffeine smoking alcohol	Osteoclasts
Hypocalcemia	Alendronate	FREE	High Fiber Diet	1-2 years
Fracture	Osteoblasts	Vitamin D	DEXA	Porous
Joints	Milk Cheese Yogurt	Screening Test	Supine	Estrogen

B	O	N	E	S
Caffeine smoking alcohol	Osteoblasts	Acute Pain	Milk Cheese Yogurt	Alendronate
Vitamin D	Hypocalcemia	Joints	Supine	Kyphosis
Screening Test	DEXA	FREE	Porous	Fracture
Walking	Osteoclasts	Osteoporosis	Women	Endocrine
High Fiber Diet	1-2 years	Nervous	Calcium	Estrogen