

B	I	N	G	O
under eating	angry	indecisiveness	poor judgement	moodiness
frequent colds	teeth grinding	negative thoughts	anxiety	oversleeping
skin breakouts	weight gain	FREE	depression	isolating self
loss of objectivity	rapid heartbeat	memory problems	irritability	nausea
insomnia	fear	overeating	weight loss	headache

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weight gain	anxiety	poor judgement	frequent colds	negative thoughts
indecisiveness	weight loss	moodiness	fear	oversleeping
loss of objectivity	depression	FREE	isolating self	angry
irritability	overeating	under eating	headache	rapid heartbeat
memory problems	nausea	skin breakouts	teeth grinding	insomnia

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fear	overeating	anxiety	nausea	depression
under eating	loss of objectivity	memory problems	teeth grinding	moodiness
skin breakouts	headache	FREE	rapid heartbeat	irritability
weight gain	oversleeping	poor judgement	weight loss	indecisiveness
isolating self	angry	negative thoughts	frequent colds	insomnia