B	I	N	G	O
Think of someone you look up to. What are his/her top qualities?	Describe something someone can do to make you happy	In one year I would like to be ____.	Share something funny that happened recently	Name something you would like to be better at
I feel good about myself when ____.	Talk about 3 things you are grateful for	Say something positive about yourself	Describe your perfect vacation	Share a happy event in your life
Something good that happened today is ____.	What can I do for myself today?	**FREE**	Give a compliment to someone in the room	My goal for today is to ____.
Name 3 ways to practice mindfulness	Share something you would like to do but haven't yet	Name a personal accomplishment that made you proud	My favorite part of the day is	Name three things that help you to relax when stressed.
My best quality is ____.	I am happiest when ____.	Share a characteristic you admire in others	What is your favorite hobby?	I'm good at ____

BuzzBuzzBingo.com · Create, Download, Print, Play, BINGO! · Copyright © 2003-2026 · All rights reserved

B	I	N	G	O
What can I do for myself today?	Describe your perfect vacation	Share something funny that happened recently	I feel good about myself when ____.	Say something positive about yourself
In one year I would like to be ____.	What is your favorite hobby?	Name something you would like to be better at	I am happiest when ____.	Share a happy event in your life
Name 3 ways to practice mindfulness	Give a compliment to someone in the room	**FREE**	My goal for today is to ____.	Describe something someone can do to make you happy
My favorite part of the day is	Share a characteristic you admire in others	Think of someone you look up to. What are his/her top qualities?	I'm good at ____	Share something you would like to do but haven't yet
Name a personal accomplishment that made you proud	Name three things that help you to relax when stressed.	Something good that happened today is ____.	Talk about 3 things you are grateful for	My best quality is ____.

BuzzBuzzBingo.com · Create, Download, Print, Play, BINGO! · Copyright © 2003-2026 · All rights reserved

B	I	N	G	O
I am happiest when _____.	Share a characteristic you admire in others	Describe your perfect vacation	Name three things that help you to relax when stressed.	Give a compliment to someone in the room
Think of someone you look up to. What are his/her top qualities?	Name 3 ways to practice mindfulness	Name a personal accomplishment that made you proud	Talk about 3 things you are grateful for	Name something you would like to be better at
Something good that happened today is ____.	I'm good at _____	**FREE**	Share something you would like to do but haven't yet	My favorite part of the day is
What can I do for myself today?	Share a happy event in your life	Share something funny that happened recently	What is your favorite hobby?	In one year I would like to be ____.
My goal for today is to _____.	Describe something someone can do to make you happy	Say something positive about yourself	I feel good about myself when ____.	My best quality is _____.

BuzzBuzzBingo.com · Create, Download, Print, Play, BINGO! · Copyright © 2003-2026 · All rights reserved