

S	O	B	E	R
Step One	Addiction	Inhalants	Relationships	Milestone
Has a sponsor	Step Nine	Pain pills	Affirmations	Relapse
Sobriety	Better communication	FREE	NNAMHS	Memory loss
Mental Health Court	Resentments	Meth	Positive coping strategies	Self-help support group
Meditation	Marijuana	Money problems	Co-occurring disorder	Family

S	O	B	E	R
NNAMHS	Milestone	Better communication	Sobriety	Co-occurring disorder
Relationships	Memory loss	Mental Health Court	Step Nine	Affirmations
Treatment	Money problems	FREE	Has a sponsor	Inhalants
Positive coping strategies	Relapse	Pain pills	Resentments	Family
Addiction	Step One	Trigger	High risk situation	Marijuana

S	O	B	E	R
NNAMHS	Has a sponsor	Positive coping strategies	High risk situation	Affirmations
Addiction	Trigger	Treatment	Family	Step Nine
Healthy	Resentments	FREE	Meth	Relapse
Money problems	Mental Health Court	Memory loss	Better communication	Self-help support group
Co-occurring disorder	Sobriety	Milestone	Inhalants	Pain pills