

B	I	N	G	O
Supportive Relationships	Addiction	Empathy	Positive self-talk	Memory loss
Better communication "I" statements	Spirituality	Money management	Affirmations	Self-care
Treatment	Attitude is everything	FREE	Has fewer than 90 days clean/sober	High risk situations-Peer pressure
Resentments	Marijuana	Positive coping strategies	Family triggers	Mindfulness
Balance	Relapse	Celebrated a recovery milestone/Anniv within the past week	Triggers	Co-occurring disorder

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Treatment	Triggers	Affirmations	Marijuana	Better communication "I" statements
Positive self-talk	High risk situations-Peer pressure	Empathy	Mindfulness	Attitude is everything
Has fewer than 90 days clean/sober	Addiction	FREE	Family triggers	Positive coping strategies
Co-occurring disorder	Supportive Relationships	Celebrated a recovery milestone/Anniv within the past week	Resentments	Balance
Memory loss	Freedom	Self-care	Money management	Spirituality

B	I	N	G	O
Resentments	Family triggers	Treatment	Co-occurring disorder	Positive self-talk
Relapse	Self-care	Triggers	Marijuana	Attitude is everything
Positive coping strategies	Affirmations	FREE	Has fewer than 90 days clean/sober	Empathy
Freedom	Memory loss	Balance	Addiction	Supportive Relationships
Spirituality	Money management	High risk situations-Peer pressure	Mindfulness	Celebrated a recovery milestone/Anniv within the past week