

Recovery Bingo

supportive relationships	Acknowledging the things I can not change	90 in 90	How my family was affected	memory loss
addiction	Has fewer than 90 days clean/sober	resentments	co-occurring disorder	High risk situation
marijuana	relapse	FREE	Focus on Today	better communication "I" statements
Mental Health Symptoms	Mindfulness	money problems	Warning Signs	family stress
positive coping strategies	Life in Recovery	How my thinking was affected	affirmations	How my sleep was affected

Recovery Bingo

Focus on Today	Goals	better communication "I" statements	addiction	Warning Signs
Attitude is everything	relapse	memory loss	Mental Health Symptoms	Mindfulness
resentments	Acknowledging the things I can not change	FREE	supportive relationships	affirmations
Recovery	High risk situation	How my sleep was affected	family stress	treatmen t
marijuana	co-occurring disorder	positive coping strategies	Has fewer than 90 days clean/sober	90 in 90

Recovery Bingo

Warning Signs	Has fewer than 90 days clean/sober	better communication "I" statements	self-care	Focus on Today
trigger	treatment	High risk situation	Attitude is everything	memory loss
co-occurring disorder	How my family was affected	FREE	Acknowledging the things I can not change	supportive relationships
addiction	marijuana	Mindfulness	Mental Health Symptoms	How my thinking was affected
family stress	positive coping strategies	Recovery	90 in 90	Goals