

Recovery Bingo

supportive relationships	Attitude is everything	Acknowledging the things I can not change	How my sleep was affected	memory loss
addiction	High risk situations	resentments	co-occurring disorder	How I feel about recovery
marijuana	relapse	FREE	Goals	better communication "I" statements
Mindfulness	Positive self-talk	money problems	Warning Signs	family stress
positive coping strategies	Mental Health Symptoms	Life in Recovery	affirmations	How my thinking was affected

Recovery Bingo

Goals	Has fewer than 90 days clean/sober	better communication "I" statements	addiction	Warning Signs
Focus on Today	relapse	memory loss	Mindfulness	Positive self-talk
resentments	Attitude is everything	FREE	supportive relationships	affirmations
Recovery	How I feel about recovery	How my thinking was affected	family stress	treatment
marijuana	co-occurring disorder	positive coping strategies	High risk situations	Acknowledging the things I can not change

Recovery Bingo

Warning Signs	High risk situations	better communication "I" statements	self-care	Goals
trigger	treatment	How I feel about recovery	Focus on Today	memory loss
co-occurring disorder	How my sleep was affected	FREE	Attitude is everything	supportive relationships
addiction	marijuana	Positive self-talk	Mindfulness	Life in Recovery
family stress	positive coping strategies	Recovery	Acknowledging the things I can not change	Has fewer than 90 days clean/sober