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|-----------------------------|----------------------------|------------------------|---------------------------|-------------------------|
| <b>B</b>                    | <b>I</b>                   | <b>N</b>               | <b>G</b>                  | <b>O</b>                |
| Take Your Time When Walking | Assistive Devices          | Healthy Blood Pressure | Proper Lighting           | Medication Side Effects |
| Fall Prevention             | Sidewalk Safety            | Physical Therapy       | Awareness of Surroundings | Proper Footwear         |
| Reduce Pain                 | Blurred Vision             | <b>FREE</b>            | Physical Activity         | Loss of Balance         |
| Medical Alert Buttons       | Reduce Clutter in the Home | Medication Awareness   | Previous Slips and Falls  | Reduce Fall Risks       |
| Home Safety                 | Hold Handrails             | Muscle Weakness        | Clear Pathways            | Dizziness               |

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|--------------------------|-----------------------------|-------------------------|----------------------------|---------------------------|
| <b>B</b>                 | <b>I</b>                    | <b>N</b>                | <b>G</b>                   | <b>O</b>                  |
| Physical Activity        | Medication Side Effects     | Blurred Vision          | Reduce Pain                | Clear Pathways            |
| Proper Lighting          | Loss of Balance             | Medical Alert Buttons   | Sidewalk Safety            | Awareness of Surroundings |
| Uneven Surfaces          | Muscle Weakness             | <b>FREE</b>             | Fall Prevention            | Healthy Blood Pressure    |
| Previous Slips and Falls | Proper Footwear             | Physical Therapy        | Reduce Clutter in the Home | Dizziness                 |
| Assistive Devices        | Take Your Time When Walking | Wires or Cords on Floor | Foot Exams                 | Hold Handrails            |

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|-------------------|----------------------------|--------------------------|------------------------|---------------------------|
| <b>B</b>          | <b>I</b>                   | <b>N</b>                 | <b>G</b>               | <b>O</b>                  |
| Physical Activity | Fall Prevention            | Previous Slips and Falls | Foot Exams             | Awareness of Surroundings |
| Assistive Devices | Wires or Cords on Floor    | Uneven Surfaces          | Dizziness              | Sidewalk Safety           |
| Floor Rugs        | Reduce Clutter in the Home | <b>FREE</b>              | Medication Awareness   | Proper Footwear           |
| Muscle Weakness   | Medical Alert Buttons      | Loss of Balance          | Blurred Vision         | Reduce Fall Risks         |
| Clear Pathways    | Reduce Pain                | Medication Side Effects  | Healthy Blood Pressure | Physical Therapy          |