

Squirrel Bingo

talk to house mates ;)	64 Ounces of water	Healthy Meal	pray for boys	Work on garage
Didn't procrastinate	share feelings	donate/consign items	Completed a Task	read/open mail
use kind words	Controlled Anger/Emotions	PRAY	Positive Self Talk	Took Dog for walk
pray for michelle	Took Vitamins	learn/read household repair	Kind to Hannah	didnt swear
Deleted Old Apps	pray for hannah	Do something 4 someone else	work on basement	Healthy Bed Time by 11

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use kind words	work on basement	Completed a Task	Took Vitamins	Didn't procrastinate
pray for boys	Took Dog for walk	Healthy Meal	didn't swear	Controlled Anger/Emotions
Positive Self Talk	64 Ounces of water	PRAY	Kind to Hannah	learn/read household repair
Healthy Bed Time by 11	talk to house mates ;)	Do something 4 someone else	pray for michelle	Deleted Old Apps
Work on garage	Meditation/Self-Care	read/open mail	donate/consign items	share feelings

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pray for michelle	Kind to Hannah	use kind words	Healthy Bed Time by 11	pray for boys
pray for hannah	read/open mail	work on basement	Took Vitamins	Controlled Anger/Emotions
learn/read household repair	Completed a Task	PRAY	Positive Self Talk	Healthy Meal
Meditation/Self-Care	Work on garage	Deleted Old Apps	64 Ounces of water	talk to house mates ;)
share feelings	donate/consign items	Took Dog for walk	didn't swear	Do something 4 someone else