B	I	N	G	O
put a time limit on tasks	Create a daily plan	Plan ahead	figure out when you're most efficient	Use your calendar
Get organised	make time to prepare before hand	change studying environment if you're feeling unmotivated	Don't multitask	do a little bit each day
make a to-do list	Don't stress about the small details	FREE SPACE!	be realistic about what you can accomplish each day	Schedule relaxation time
Schedule rewards	get rid of distractions	Sleep well	create a weekly plan	learn to say no
Schedule breaks between tasks	Prioritize wisely	Work smarter not harder	Don't wait for inspiration-now is the time	Eliminate distractions

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B	I	N	G	O
be realistic about what you can accomplish each day	Use your calendar	Don't stress about the small details	make a to-do list	Don't wait for inspiration-now is the time
figure out when you're most efficient	Schedule relaxation time	Schedule rewards	make time to prepare before hand	Don't multitask
set reminders	Work smarter not harder	FREE SPACE!	Get organised	Plan ahead
create a weekly plan	do a little bit each day	change studying environment if you're feeling unmotivated	get rid of distractions	Eliminate distractions
Create a daily plan	put a time limit on tasks	wear a watch	Mute your group chats on your phone	Prioritize wisely

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B	I	N	G	O
be realistic about what you can accomplish each day	Get organised	create a weekly plan	Mute your group chats on your phone	Don't multitask
Create a daily plan	wear a watch	set reminders	Eliminate distractions	make time to prepare before hand
Keep a time log for a few days	get rid of distractions	FREE SPACE!	Sleep well	do a little bit each day
Work smarter not harder	Schedule rewards	Schedule relaxation time	Don't stress about the small details	learn to say no
Don't wait for inspiration-now is the time	make a to-do list	Use your calendar	Plan ahead	change studying environment if you're feeling unmotivated

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