

|                    |                      |                      |                                     |                      |
|--------------------|----------------------|----------------------|-------------------------------------|----------------------|
| <b>B</b>           | <b>I</b>             | <b>N</b>             | <b>G</b>                            | <b>O</b>             |
| SAFE<br>LOCATION   | 2<br>INCHES<br>DEPTH | BACK<br>BLOWS        | LESS<br>THAN 30<br>MINUTES          | CARDIAC<br>BOARD     |
| AMBU<br>BAG        | RESCUE<br>BREATHS    | CHECK<br>BREATHING   | 30:02:00                            | CHEST<br>COMPRESSION |
| PROPER<br>POSITION | SHOUT<br>FOR<br>HELP | BLS<br>BINGO         | 500ML -<br>600ML<br>TIDAL<br>VOLUME | C.A.B.               |
| C.J.<br>HOLD       | PINCH<br>NOSE        | C.P.R.               | BY-STANDER                          | CHECK<br>AIRWAY      |
| BAIN'S<br>CURCUIT  | ABDOMINAL<br>THRUSTS | CHECK<br>CIRCULATION | VICTIM                              | APPROACH<br>SAFETY   |

|                      |                                     |                            |                      |                      |
|----------------------|-------------------------------------|----------------------------|----------------------|----------------------|
| <b>B</b>             | <b>I</b>                            | <b>N</b>                   | <b>G</b>             | <b>O</b>             |
| SHOUT<br>FOR<br>HELP | 30:02:00                            | LESS<br>THAN 30<br>MINUTES | AMBU<br>BAG          | CHECK<br>BREATHING   |
| BACK<br>BLOWS        | VICTIM                              | CARDIAC<br>BOARD           | ABDOMINAL<br>THRUSTS | CHEST<br>COMPRESSION |
| C.J.<br>HOLD         | 500ML -<br>600ML<br>TIDAL<br>VOLUME | BLS<br>BINGO               | C.A.B.               | 2<br>INCHES<br>DEPTH |
| BY-STANDER           | CHECK<br>CIRCULATION                | SAFE<br>LOCATION           | APPROACH<br>SAFETY   | PINCH<br>NOSE        |
| C.P.R.               | CHECK<br>AIRWAY                     | PROPER<br>POSITION         | RESCUE<br>BREATHS    | BAIN'S<br>CURCUIT    |

|                      |                      |                            |                   |                                     |
|----------------------|----------------------|----------------------------|-------------------|-------------------------------------|
| <b>B</b>             | <b>I</b>             | <b>N</b>                   | <b>G</b>          | <b>O</b>                            |
| ABDOMINAL<br>THRUSTS | CHECK<br>CIRCULATION | 30:02:00                   | CHECK<br>AIRWAY   | 500ML -<br>600ML<br>TIDAL<br>VOLUME |
| SAFE<br>LOCATION     | C.J.<br>HOLD         | C.P.R.                     | RESCUE<br>BREATHS | CARDIAC<br>BOARD                    |
| PROPER<br>POSITION   | APPROACH<br>SAFETY   | BLS<br>BINGO               | PINCH<br>NOSE     | BY-STANDER                          |
| SHOUT<br>FOR<br>HELP | CHEST<br>COMPRESSION | LESS<br>THAN 30<br>MINUTES | VICTIM            | BACK<br>BLOWS                       |
| C.A.B.               | 2<br>INCHES<br>DEPTH | CHECK<br>BREATHING         | AMBU<br>BAG       | BAIN'S<br>CURCUIT                   |