

B	I	N	G	O
Walk like a monkey	Arms to the side and down	Heads shoulder knees toes	Spin	Side bends to the left
Eye winks	Walk in a circle	Sit in you chair stand up	Arms up jumps	Toe touches
Walk like a penguin	Claps	Say Happy Valentine's day	School is great	Stretches
Shoulder rolls	Sit ups	Jumping jacks	Side bends to the right	Count backwards from 10
Stand and sit	Fly like a airplane	stand with one leg 5 seconds	Heads rolls	Marches

B	I	N	G	O
Walk like a penguin	Claps	Toe touches	Arms up jumps	Count backwards from 10
Heads rolls	Stretches	Say Happy Valentine's day	Side bends to the left	Sit ups
Eye winks	Heads shoulder knees toes	Sit in you chair stand up	Side bends to the right	Walk like a monkey
Shoulder rolls	Fly like a airplane	Walk in a circle	Jumping jacks	Spin
Stand and sit	stand with one leg 5 seconds	Marches	Arms to the side and down	School is great

B	I	N	G	O
Stretches	Side bends to the right	Fly like a airplane	Heads rolls	Jumping jacks
Count backwards from 10	Marches	Eye winks	Say Happy Valentine's day	Walk like a monkey
Shoulder rolls	Stand and sit	Sit in you chair stand up	Claps	Walk in a circle
Walk like a penguin	Sit ups	stand with one leg 5 seconds	Arms up jumps	Arms to the side and down
School is great	Toe touches	Spin	Heads shoulder knees toes	Side bends to the left