

B	I	N	G	O
Unsure	Aggravated	Disappointed	Relaxed	Grounded
Confused	Surprised	Hysterical	Apprehensive	Powerless
Startled	Bitter	FREE	Hurt	Enraged
Excited	Sad	Grief	Irritated	Satisfied
Distraught	Distracted	Happy	Calm	Confused

B	I	N	G	O
Hurt	Grounded	Bitter	Startled	Calm
Relaxed	Enraged	Excited	Surprised	Apprehensive
Upset	Happy	FREE	Confused	Disappointed
Irritated	Powerless	Hysterical	Sad	Confused
Aggravated	Unsure	Worried	Depressed	Distracted

B	I	N	G	O
Hurt	Confused	Irritated	Depressed	Apprehensive
Aggravated	Worried	Upset	Confused	Surprised
Content	Sad	FREE	Grief	Powerless
Happy	Excited	Enraged	Bitter	Satisfied
Calm	Startled	Grounded	Disappointed	Hysterical