

B	I	N	G	O
Shift Work Disorder	Adjustment Insomnia	Inadequate Sleep Hygiene	Paradoxical Insomnia	Narcolepsy Type II
Excessive Fragmentary Myoclonus	RLS	Obesity Hypoventilation	Cataplexy	PLMD
REM Behavior Disorder	Sleep Paralysis	FREE	Central Sleep Apnea	Jactatio Capitis
Kleine-Levin Syndrome	Psycho-physiological Insomnia	Narcolepsy Type I	Irregular Sleep-Wake Disorder	Nightmare Disorder
Insufficient Sleep Syndrome	Confusional Arousals	Obstructive Sleep Apnea	Sleep Terrors	Hypnagogic Foot Tremors

B	I	N	G	O
Sleep Paralysis	Cataplexy	Paradoxical Insomnia	Excessive Fragmentary Myoclonus	Obesity Hypoventilation
Inadequate Sleep Hygiene	Sleep Terrors	Narcolepsy Type II	Confusional Arousals	PLMD
Kleine-Levin Syndrome	Central Sleep Apnea	FREE	Jactatio Capitis	Adjustment Insomnia
Irregular Sleep-Wake Disorder	Obstructive Sleep Apnea	Shift Work Disorder	Hypnagogic Foot Tremors	Psycho-physiological Insomnia
Narcolepsy Type I	Nightmare Disorder	REM Behavior Disorder	RLS	Insufficient Sleep Syndrome

B	I	N	G	O
Confusional Arousals	Obstructive Sleep Apnea	Cataplexy	Nightmare Disorder	Central Sleep Apnea
Shift Work Disorder	Kleine-Levin Syndrome	Narcolepsy Type I	RLS	Narcolepsy Type II
REM Behavior Disorder	Hypnagogic Foot Tremors	FREE	Psycho-physiological Insomnia	Irregular Sleep-Wake Disorder
Sleep Paralysis	PLMD	Paradoxical Insomnia	Sleep Terrors	Inadequate Sleep Hygiene
Jactatio Capitis	Adjustment Insomnia	Obesity Hypoventilation	Excessive Fragmentary Myoclonus	Insufficient Sleep Syndrome