

S	O	B	E	R
Steroids	Addiction	Has fewer than 90 days clean/sober	Pain pills	Memory loss
Co-occurring disorder	Self-help support group	Money problems	Affirmations	Relationships
Better communication	Meth	FREE	Inhalants	Resentments
Marijuana	Relapse	Meditation	NNAMHS	Heroin
Has finished Step Nine	Mental Health Court	Celebrated a recovery milestone	Clean friends	Positive coping strategies

S	O	B	E	R
High risk situation	Better communication	Inhalants	Self-help support group	Affirmations
Steroids	Resentments	Meth	Pain pills	Mental Health Court
Marijuana	Memory loss	FREE	Co-occurring disorder	Has fewer than 90 days clean/sober
Money problems	Treatment	Positive coping strategies	Relapse	Celebrated a recovery milestone
Clean friends	NNAMHS	Addiction	Meditation	Trigger

S	O	B	E	R
Treatment	Family	Better communication	Positive coping strategies	Co-occurring disorder
Meth	Has a sponsor	Trigger	Affirmations	Steroids
Meditation	Clean friends	FREE	Pain pills	Inhalants
Has fewer than 90 days clean/sober	High risk situation	Addiction	Has finished Step Nine	Mental Health Court
NNAMHS	Self-help support group	Relapse	Marijuana	Relationships