

B	I	N	G	O
Time Management	Adjust	Free Time	Scheduling	Nutrition
Delegation	Time Investment	Organization	Advocate	Prioritize
Stress	Values	FREE	Analyze	Management
Moderation	Sedentary	Necessities	Health	Opportunity Cost
Goals	Basic Needs	Planning	Work	Everyday Living

B	I	N	G	O
Values	Advocate	Scheduling	Delegation	Organization
Free Time	Work	Nutrition	Basic Needs	Prioritize
Moderation	Analyze	FREE	Management	Adjust
Health	Planning	Time Management	Everyday Living	Sedentary
Necessities	Opportunity Cost	Stress	Time Investment	Goals

B	I	N	G	O
Basic Needs	Planning	Advocate	Opportunity Cost	Analyze
Time Management	Moderation	Necessities	Time Investment	Nutrition
Stress	Everyday Living	FREE	Sedentary	Health
Values	Prioritize	Scheduling	Work	Free Time
Management	Adjust	Organization	Delegation	Goals