

Try making up a dance routine	Best flexibility pose	Jumps(your teams)	Motions	Make up dance
Create own music	Try a turn	Makeup a routine	Best performance face	Mark it becoming a flyer or base
Try a leap sequence	Try making up a gymnastics routine	FREE	Best tumble skill	Make a tumbling pass
Make up a chant	Splits	Make up a confirming set and do it 2 reps 20times or 30 seconds	Make a tik tok related cheer	Make up jumps
Make a stunt up	Body positions	Makeup a tumbling skill	Tumbling passes(do what your comfortable with)	Do your teams dance

Try making up a gymnastics routine	Best performance face	Motions	Create own music	Makeup a routine
Jumps(your teams)	Tumbling passes(do what your comfortable with)	Make up dance	Body positions	Mark it becoming a flyer or base
Make up a chant	Best tumble skill	FREE	Make a tumbling pass	Best flexibility pose
Make a tik tok related cheer	Makeup a tumbling skill	Try making up a dance routine	Do your teams dance	Splits
Make up a confirming set and do it 2 reps 20times or 30 seconds	Make up jumps	Try a leap sequence	Try a turn	Make a stunt up

Body positions	Makeup a tumbling skill	Best performance face	Make up jumps	Best tumble skill
Try making up a dance routine	Make up a chant	Make up a confirming set and do it 2 reps 20times or 30 seconds	Try a turn	Make up dance
Try a leap sequence	Do your teams dance	FREE	Splits	Make a tik tok related cheer
Try making up a gymnastics routine	Mark it becoming a flyer or base	Motions	Tumbling passes(do what your comfortable with)	Jumps(your teams)
Make a tumbling pass	Best flexibility pose	Makeup a routine	Create own music	Make a stunt up