

Tilt (pitch)	Arabesque	Coupe turn	Shuffle	Jete
Burpees	Tendues	Plie	Ballet bun day	Switch cartwheel
Ballet positions	Flap for our tappers	DANCE!	Grapevine	Splits
Jazz Square	Releve	Dancing with stuffed animals	Lyrical dance (tell a story)	Dance With Mom or dad
Battement	Bridge	Pirouette	Cartwheel	Push ups

Toe touch/Russian	Sit ups	Releve	Plie	Splits
Battement	Bridge	Push ups	Lyrical dance (tell a story)	Burpees
Pirouette	Ballet bun day	DANCE!	Flap for our tappers	Arabesque
Jete	Tilt (pitch)	V ups	Cartwheel	Ballet positions
Shuffle	Chainne turns	Grapevine	Coupe turn	Dancing with stuffed animals

Pirouette	Burpees	Releve	Push ups	Chainne turns
Ballet bun day	V ups	Coupe turn	Toe touch/Russian	Tik tok day (own dance)
Cartwheel	Splits	DANCE!	Jazz Square	Shuffle
Arabesque	Bridge	Lyrical dance (tell a story)	Grapevine	Firebird
Tilt (pitch)	Ballet positions	Switch cartwheel	Battement	Tendues