

S	O	B	E	R
Steroids	AA	Has fewer than 90 days clean/sober	Positive coping strategies	Meditation
Co-occurring disorder	Self-help support group	Meth	Addiction	Pain pills
Resentments	Affirmations	FREE	Mental Health Court	High risk situation
Inhalants	Relapse	Marijuana	Money problems	Relationships
Heroin	Has finished Step Nine	Memory loss	Better communication	Celebrated a recovery milestone/Anniv within the past week

S	O	B	E	R
Mental Health Court	Meditation	Affirmations	Resentments	Better communication
Positive coping strategies	High risk situation	Inhalants	Self-help support group	Addiction
Treatment	Memory loss	FREE	Co-occurring disorder	Has fewer than 90 days clean/sober
Money problems	Pain pills	Meth	Relapse	Celebrated a recovery milestone/Anniv within the past week
AA	Steroids	Trigger	Has a sponsor	Has finished Step Nine

S	O	B	E	R
Mental Health Court	Co-occurring disorder	Money problems	Has a sponsor	Addiction
AA	Trigger	Treatment	Celebrated a recovery milestone/Anniv within the past week	Self-help support group
Family	Relapse	FREE	Marijuana	Pain pills
Memory loss	Inhalants	High risk situation	Affirmations	Relationships
Better communication	Resentments	Meditation	Has fewer than 90 days clean/sober	Meth