

S	O	B	E	R
Steroids	AA	12 Steps	Emotions	Relationships
Mental Health Court	Change	Step One	Pain pills	Accept
Step Four	Affirmations	FREE	Inhalants	Celebrated a recovery
Marijuana	Self-help support group	Memory loss	RWI	Serenity Prayer
Relapse	Heroin	Just For Today	Has a sponsor	Mindfulness

S	O	B	E	R
Marijuana	Family	Affirmations	CBT	Money problems
Mental Health Court	Memory loss	Addiction	Step Four	Better communication
Resentments	Inhalants	FREE	Just For Today	Step One
Accept	Steroids	Step Nine	Relationships	Meth
Change	Emotions	RWI	Stress	Relapse

S	O	B	E	R
Positive coping strategies	Self-help support group	Affirmations	CBT	RWI
Meth	Change	Relapse	Mindfulness	AA
Inhalants	12 Steps	FREE	Mental Health Court	Money problems
Step Twelve	Better communication	Trigger	Treatment	Change
Stress	Addiction	Resentments	Pain pills	DBT