

B	I	N	G	O
What would your superhero power be?	Color Tula the Tulip page	Draw a picture of a superhero	Talk about what to do in an emergency	Raw or Boiled Egg Challenge
Discuss the Coronovirus and what it means	Try a new food	Read about Helen Keller	Color a picture of a red Daisy	Speak up for someone
Talk about when you have been brave	Why are doctors and nurses so important right now?	FREE	Complete your Freedom Word Search	Have an adult blindfold you and walk around with their help
Learn a new skill/try something new	Talk about what you are afraid of	Practice being unafraid in the dark	Find a song that makes you feel strong	Read 'My Brave Year of Firsts'
Draw a picture of an animal that you think is courageous and strong	Deliver something to a first responder	Research a courageous woman	Write 3 ways you are courageous	Do something courageous

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Draw a picture of a superhero	Write 3 ways you are courageous	Raw or Boiled Egg Challenge	Deliver something to a first responder	Speak up for someone
Learn a new skill/try something new	Complete your Freedom Word Search	FREE	Have an adult blindfold you and walk around with their help	Color Tula the Tulip page
Find a song that makes you feel strong	Research a courageous woman	What would your superhero power be?	Do something courageous	Talk about what you are afraid of
Practice being unafraid in the dark	Read 'My Brave Year of Firsts'	Talk about when you have been brave	Try a new food	Draw a picture of an animal that you think is courageous and strong

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Deliver something to a first responder	Research a courageous woman	Color a picture of a red Daisy	Read 'My Brave Year of Firsts'	Complete your Freedom Word Search
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Talk about when you have been brave	Do something courageous	FREE	Talk about what you are afraid of	Find a song that makes you feel strong
Why are doctors and nurses so important right now?	Speak up for someone	Talk about what to do in an emergency	Write 3 ways you are courageous	Draw a picture of a superhero
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