

B	I	N	G	O
What would your superhero power be?	Color Tula the Tulip page	Draw a picture of a superhero	Talk about what to do in an emergency	Raw or Boiled Egg Challenge
Do an activity that shows how strong you are	Try a new food	Read about Helen Keller	Complete your Freedom Word Search	Speak up for someone
Talk about when you have been brave	Why are doctors and nurses so important right now?	FREE	Deliver something to a first responder	Have an adult blindfold you and walk around with their help
Learn a new skill/try something new	Talk about what you are afraid of	Practice being unafraid in the dark	Find a song that makes you feel strong	Read 'My Brave Year of Firsts'
Draw a picture of an animal that you think is courageous and strong	Discuss the Coronavirus and what it means	Research a courageous woman	Write 3 ways you are courageous	Do something courageous

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Learn a new skill/try something new	Deliver something to a first responder	FREE	Have an adult blindfold you and walk around with their help	Color Tula the Tulip page
Find a song that makes you feel strong	Research a courageous woman	What would your superhero power be?	Do something courageous	Talk about what you are afraid of
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