

B	I	N	G	O
Treat others with respect	Act brave	Encourage victim to tell a trusted adult	Tell a trusted adult	Set a good example
Don't be reluctant to report bullying	Treat others with kindness	Stand confidently	Avoid the bully	Talk about it
Treat others the way you want to be treated	Understand exactly what is bullying	FREE	Be a good friend	Hold the anger
Prevent bullying from occurring	Tell the bully how you feel	Recognize signs of bullying	Firmly tell the bully to stop and walk away	Spend time with friends that have a positive influence
Engage in enjoyable activities	Be on good behavior	Stand up for others	Use the buddy system	Don't let a bully make you feel bad

B	I	N	G	O
Understand exactly what is bullying	Avoid the bully	Tell a trusted adult	Don't be reluctant to report bullying	Stand confidently
Encourage victim to tell a trusted adult	Use the buddy system	Set a good example	Be on good behavior	Talk about it
Prevent bullying from occurring	Be a good friend	FREE	Hold the anger	Act brave
Firmly tell the bully to stop and walk away	Stand up for others	Treat others with respect	Don't let a bully make you feel bad	Tell the bully how you feel
Recognize signs of bullying	Spend time with friends that have a positive influence	Treat others the way you want to be treated	Treat others with kindness	Engage in enjoyable activities

B	I	N	G	O
Be on good behavior	Stand up for others	Avoid the bully	Spend time with friends that have a positive influence	Be a good friend
Treat others with respect	Prevent bullying from occurring	Recognize signs of bullying	Treat others with kindness	Set a good example
Treat others the way you want to be treated	Don't let a bully make you feel bad	FREE	Tell the bully how you feel	Firmly tell the bully to stop and walk away
Understand exactly what is bullying	Talk about it	Tell a trusted adult	Use the buddy system	Encourage victim to tell a trusted adult
Hold the anger	Act brave	Stand confidently	Don't be reluctant to report bullying	Engage in enjoyable activities