

B	I	N	G	O
Self-actualization	Anxiety	Anorexia nervosa	Distress	Personality disorder
Mood disorder	Coping strategy	Schizophrenia	PTS disorder	Anxiety disorder
Personality	Psychiatrist	FREE	Biofeedback	Optimism
Hierarchy of needs	Compulsion	Impulse-control disorder	Phobias	Mental disorder
Perfectionist	Primary emotions	Fight-or-flight response	Emotion	Neurologist

B	I	N	G	O
Impulse-control disorder	Eating disorder	Biofeedback	Clinical Psychologist	Obsession
Mood disorder	Modeling	Binge eating	Psychiatrist	Bulimia
Personality disorder	Hierarchy of needs	FREE	Schizophrenia	Anxiety disorder
Social worker	Resilience	Optimism	Neurologist	Learned emotions
Coping strategy	Distress	Peer Group	Pessimism	Personality

B	I	N	G	O
PTS disorder	Phobias	Biofeedback	Clinical Psychologist	Peer Group
Mood disorder	Coping strategy	Perfectionist	Neurologist	Obsession
Anxiety	Hierarchy of needs	FREE	Anorexia nervosa	Modeling
Self esteem	Bulimia	Stressor	Stress	Binge eating
Personality disorder	Optimism	Defense mechanisms	Social worker	Anxiety disorder