

S	O	B	E	R
Treatment	3 Affirmations	Cravings	Recovery Journey	Manipulation
Clean/sober	Resentments	Mental Health	Addiction	Relationships
Barrier to Recovery	High risk situation	FREE	Honesty	Relapse warning signs
Key tags/Coin	Open-mindedness	Fears	Meditation	Family
Benefits of a sponsor	Clean Time	Memory loss	Co-occurring disorder	Money problems

S	O	B	E	R
Trigger	Relapse	Open-mindedness	Mental Health	Relapse warning signs
Benefits of a sponsor	Clean Time	Money problems	Meditation	Clean/sober
Memory loss	Addiction	FREE	High risk situation	3 Affirmations
Manipulation	Treatment	Working steps	Co-occurring disorder	Barrier to Recovery
Recovery Journey	Coping Skills	Honesty	Cravings	Fears

S	O	B	E	R
Memory loss	Clean/sober	Open-mindedness	Money problems	Coping Skills
Addiction	Working steps	Cravings	Trigger	Self-help support group
Co-occurring disorder	Relapse warning signs	FREE	Key tags/Coin	Recovery Journey
3 Affirmations	Clean Time	Meditation	Honesty	Healthy communication
Treatment	Barrier to Recovery	Relationships	Benefits of a sponsor	Resentments