weight loss

stayed for entire meeting	Ate salad three days	One month perfect attendance	lost weight	drank 4 glasses of water
Do something special for yourself	stayed for a meeting	exercise	Bring recipe to share	food diary 4 days
lost weight	turned in a food diary	**FREE**	Bring something to share	ate 5 veggies
complimented yourself	lost weight	did a food diary	ate 3 fruits	drank 8 glasses of water
Turtle/leeway	Do a program	exercise 3 days	walked around during a commercial	Kept food journal

BuzzBuzzBingo.com · Create, Download, Print, Play, BINGO! · Copyright © 2003-2026 · All rights reserved

weight loss

turned in a food diary	Bring recipe to share	lost weight	Do something special for yourself	exercise
One month perfect attendance	walked around during a commercial	drank 4 glasses of water	Do a program	food diary 4 days
complimented yourself	Bring something to share	**FREE**	ate 5 veggies	Ate salad three days
ate 3 fruits	exercise 3 days	stayed for entire meeting	Kept food journal	lost weight
did a food diary	drank 8 glasses of water	lost weight	stayed for a meeting	Turtle/leeway

BuzzBuzzBingo.com · Create, Download, Print, Play, BINGO! · Copyright © 2003-2026 · All rights reserved

weight loss

Do a program	exercise 3 days	Bring recipe to share	drank 8 glasses of water	Bring something to share
stayed for entire meeting	complimented yourself	did a food diary	stayed for a meeting	drank 4 glasses of water
lost weight	Kept food journal	**FREE**	lost weight	ate 3 fruits
turned in a food diary	food diary 4 days	lost weight	walked around during a commercial	One month perfect attendance
ate 5 veggies	Ate salad three days	exercise	Do something special for yourself	Turtle/leeway

BuzzBuzzBingo.com · Create, Download, Print, Play, BINGO! · Copyright © 2003-2026 · All rights reserved