

B	I	N	G	O
Size 10	10 abductor adductor machine	3 miles	Join challenge	5 miles
25 lbs (171)	Pop physique 8 times	7 miles	15 arm workouts	Fit medium WO pants
Juice twice	Size 12	FREE	20 lbs (176)	4 pop physique
4 spin classes	Journal 30 days	5 body pumps	30 lbs (166)	5 new theme songs
30 day workout challenge	22lbs (174)	80 oz water 8 days	Sunday photos (5)	28 lbs (168)

B	I	N	G	O
Size 12	15 arm workouts	Join challenge	25 lbs (171)	7 miles
3 miles	Sunday photos (5)	5 miles	22lbs (174)	Fit medium WO pants
4 spin classes	20 lbs (176)	FREE	4 pop physique	10 abductor adductor machine
30 lbs (166)	80 oz water 8 days	Size 10	28 lbs (168)	Journal 30 days
5 body pumps	5 new theme songs	Juice twice	Pop physique 8 times	30 day workout challenge

B	I	N	G	O
22lbs (174)	80 oz water 8 days	15 arm workouts	5 new theme songs	20 lbs (176)
Size 10	4 spin classes	5 body pumps	Pop physique 8 times	5 miles
Juice twice	28 lbs (168)	FREE	Journal 30 days	30 lbs (166)
Size 12	Fit medium WO pants	Join challenge	Sunday photos (5)	3 miles
4 pop physique	10 abductor adductor machine	7 miles	25 lbs (171)	30 day workout challenge