B	I	N	G	O
under eating	anxiety	indecisiveness	overeating	moodiness
fear	teeth grinding	negative thoughts	constipation	skin breakouts
weight gain	depression	**FREE**	isolating self	loss of objectivity
rapid heartbeat	memory problems	over sleeping	insomnia	nausea
diarrhea	poor judgement	frequent colds	weight loss	headache

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B	I	N	G	O
weight gain	weight loss	constipation	memory problems	fear
overeating	loss of objectivity	indecisiveness	nausea	depression
isolating self	anxiety	**FREE**	insomnia	over sleeping
headache	under eating	frequent colds	rapid heartbeat	diarrhea
moodiness	irritability	skin breakouts	negative thoughts	teeth grinding

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B	I	N	G	O
rapid heartbeat	insomnia	weight gain	headache	overeating
poor judgement	skin breakouts	weight loss	memory problems	depression
over sleeping	constipation	**FREE**	isolating self	indecisiveness
irritability	moodiness	diarrhea	anxiety	under eating
teeth grinding	negative thoughts	loss of objectivity	nausea	frequent colds

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