

B	I	N	G	O
Self esteem	Anxious	Angry	Emotion	Peaceful
Lonely	Depression	Sad	Miserable	Resilience
Coping strategy	Grief	FREE	Depressed	Guilty
Proud	Happy	Paranoid	Relieved	Frightened
Envious	Loved	Defense mechanisms	Mental Health	Bashful

B	I	N	G	O
Resilience	Defense mechanisms	Primary emotions	Grief	Coping strategy
Guilty	Sad	Anxious	Self esteem	Miserable
Peaceful	Loved	FREE	Bashful	Mental Health
Depression	Emotion	Optimism	Sorry	Proud
Depressed	Paranoid	Angry	Lonely	Satisfied

B	I	N	G	O
Defense mechanisms	Stress	Sorry	Depression	Bashful
Primary emotions	Miserable	Ecstatic	Anxious	Self esteem
Lonely	Depressed	FREE	Peaceful	Guilty
Emotion	Mental Health	Grief	Envious	Paranoid
Satisfied	Distress	Proud	Happy	Angry