

# Recovery bingo

|                   |            |             |                    |                 |
|-------------------|------------|-------------|--------------------|-----------------|
| Trigger           | AA         | 12 steps    | Forgiveness        | Self-help group |
| New way of life   | Change     | Treatment   | Relapse prevention | Therapy         |
| coping strategies | Addiction  | <b>FREE</b> | Redemption         | Making amends   |
| Meditation        | Sober      | NA          | Self care          | Support         |
| Hope              | Positivity | Happiness   | Believe            | Acceptance      |

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|                       |                    |                         |                      |           |
|-----------------------|--------------------|-------------------------|----------------------|-----------|
| Therapy               | Believe            | Serenity<br>prayer      | Making<br>amends     | Addiction |
| Meditation            | Treatment          | Acceptance              | coping<br>strategies | AA        |
| Redemption            | Self-help<br>group | <b>FREE</b>             | Positivity           | Meetings  |
| New<br>way of<br>life | Change             | Forgiveness             | Relationships        | recovery  |
| Relapse<br>prevention | Sober              | Better<br>communication | Self<br>care         | 12 steps  |

# Recovery bingo

|                    |                      |                       |               |                   |
|--------------------|----------------------|-----------------------|---------------|-------------------|
| NA                 | Change               | Redemption            | Trigger       | Believe           |
| sponsor            | recovery             | Co-occurring disorder | Acceptance    | Self-help group   |
| Relapse prevention | Family               | <b>FREE</b>           | AA            | coping strategies |
| New way of life    | Better communication | Meditation            | Forgiveness   | Addiction         |
| Making amends      | Hope                 | Self care             | Relationships | Sober             |