

depression go nom nom

trying to cry but has lost the ability to or CRIES DAILY	"everyone hates me" or "i hate everybody"	complains about being bored but will not do anything anyway	severely does not want / too afraid to share feelings & bottles up emotions	listens to depressing and/or emo music to help cope
always tired	stares into nothingness	mental illnesses and disorders team together to beat you up	"i'm fine" or "i'm just tired"	socializing is a waste of time
unhealthily relating to the majority of depression memes	*motivation has left the chat*	gives advice to friends but never follows it	has a depressing spotify playlist that gets played daily	social media is always the answer
hasn't left room/house in over a week	runs away from problems and then cries about them	family problems	memes are therapy	afraid of being a negative influence
sleep/eating schedule is messed up	awake at 2am for no reason or some reason	unironically angry at the boomers because the internet is the only reason you're still alive	bad coping mechanisms	gained/lost like 10 pounds

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