

S	O	B	E	R
Self-help support group	Addiction	Has a sponsor	Positive coping strategies	Meditation
Co-occurring disorder	Resentments	Memory loss	Affirmations	Money problems
Relationships	Serenity	FREE	Better communication	High risk situation
Higher Power	Relapse	Inhalants	Has finished Step Nine	Meetings
Has fewer than 90 days clean/sober	Celebrated a recovery milestone/Anniv within the past week	Mental Health Court	Treatment	Family

S	O	B	E	R
Serenity	Affirmations	Positive coping strategies	Co-occurring disorder	Memory loss
Has a sponsor	Treatment	Meditation	Celebrated a recovery milestone/Anniv within the past week	Money problems
Higher Power	Better communication	FREE	High risk situation	Addiction
Has finished Step Nine	Mental Health Court	Self-help support group	Family	Relapse
Inhalants	Meetings	Relationships	Resentments	Has fewer than 90 days clean/sober

S	O	B	E	R
Celebrated a recovery milestone/Anniv within the past week	Mental Health Court	Affirmations	Meetings	Better communication
Self-help support group	Higher Power	Inhalants	Resentments	Meditation
Relationships	Family	FREE	Relapse	Has finished Step Nine
Serenity	Money problems	Positive coping strategies	Treatment	Has a sponsor
High risk situation	Addiction	Memory loss	Co-occurring disorder	Has fewer than 90 days clean/sober