

B	I	N	G	O
you ate breakfast	10 minute walk 3X/week	ate your serving of veggies today	read Dane magazine	has a birthday in March
Uses Curves Smart	wear a Curves t-shirt to workout	has weighed and measured this month	Is a SilverSneakers member	made a healthy recipe this week
walks to Curves	you sign up a new member	FREE	Joines Curves Complete	brig a new friend
had 8 glasses of water today	stretch after workout	has 1500 workouts	been at Curves more than 5 yrs	has less than 500 workouts
been at Curves less than 1 year	Took the stairs	knows someone on Curves Complete	you stop smoking	Works in St. Charles

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you sign up a new member	Is a SilverSneakers member	read Dane magazine	Uses Curves Smart	has weighed and measured this month
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