

Loose it Bingo!

weighed	10k steps	exercised 45 minutes	lost 2 pounds	lost .6 pounds
exercise 15 minutes	walked around during a commercial	lost 1 pound	completed a exercise video	lost 1 pound
lost total of 5 pounds	went for a walk	FREE	completed a exercise video	lost .2 pounds
lost .4 pounds	lost 2 pounds	lost .4 pounds	left the house to exercise	lost .6 pounds
left the house to exercise	exercise 1 hour	lost 1 pound	went for a walk	exercise 30 minutes

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went for a walk	completed a exercise video	lost 2 pounds	exercise 15 minutes	lost 1 pound
exercised 45 minutes	went for a walk	lost .6 pounds	exercise 1 hour	lost 1 pound
lost .4 pounds	completed a exercise video	FREE	lost .2 pounds	10k steps
left the house to exercise	lost 1 pound	weighed	exercise 30 minutes	lost 2 pounds
lost .4 pounds	lost .6 pounds	lost total of 5 pounds	walked around during a commercial	left the house to exercise

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exercise 1 hour	lost 1 pound	completed a exercise video	lost .6 pounds	completed a exercise video
weighed	lost .4 pounds	lost .4 pounds	walked around during a commercial	lost .6 pounds
lost total of 5 pounds	exercise 30 minutes	FREE	lost 2 pounds	left the house to exercise
went for a walk	lost 1 pound	lost 2 pounds	went for a walk	exercised 45 minutes
lost .2 pounds	10k steps	lost 1 pound	exercise 15 minutes	left the house to exercise