

S	O	B	E	R
Steroids	Addiction	Heroin	Relapse	Mental Health Court
Family	Sponsor	NNAMHS	Affirmations	Positive coping strategies
Self-help support group	Better communication	FREE	Money problems	Marijuana
Meditation	Relationships	Memory loss	Pain pills	Resentments
Inhalants	High risk situation	Meth	Boundaries	Co-occurring disorder

S	O	B	E	R
Money problems	Mental Health Court	Better communication	Self-help support group	Boundaries
Relapse	Marijuana	Meditation	Sponsor	Affirmations
Treatment	Meth	FREE	Family	Heroin
Pain pills	Positive coping strategies	NNAMHS	Relationships	Co-occurring disorder
Addiction	Steroids	Trigger	Has finished Step Nine	High risk situation

S	O	B	E	R
Money problems	Family	Pain pills	Has finished Step Nine	Affirmations
Addiction	Trigger	Treatment	Co-occurring disorder	Sponsor
Has fewer than 90 days clean/sober	Relationships	FREE	Memory loss	Positive coping strategies
Meth	Meditation	Marijuana	Better communication	Resentments
Boundaries	Self-help support group	Mental Health Court	Heroin	NNAMHS