

B	I	N	G	O
Understand the situation	Are you being fair?	Don't make things worse!	Talking can lead to a solution	Remember who can help you
Don't gang up with others	Try to think of a solution together	See the other persons point of view	Ask for someone else to help	Take time to calm down
Try seeing the good in people	Work Together	FREE	Be honest	No physical aggression
No telling of secrets	Treat people fairly	Perhaps share progress with someone else	No insults	Say how you feel
Listen to the other person	Don't blame anyone	Stick to the agreement	Work out what each of you will do	Don't interrupt

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No insults	Stick to the agreement	Understand the situation	Don't interrupt	Treat people fairly
Perhaps share progress with someone else	Say how you feel	Try seeing the good in people	Try to think of a solution together	Listen to the other person

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Try seeing the good in people	Don't interrupt	FREE	Treat people fairly	No insults
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No physical aggression	Are you being fair?	See the other persons point of view	Don't gang up with others	Listen to the other person