

B	I	N	G	O
Unsure	Afraid	Depressed	Relaxed	Happy
Confused	Stressed	Irritated	Annoyed	Startled
Anxious	Excited	FREEBIE	Giddy	Satisfied
Grief	Mad	Distracted	Hurt	Disappointed
Bored	Calm	Hysterical	Content	Jolly

B	I	N	G	O
Upset	Sad	Mad	Irritated	Satisfied
Bored	Calm	Jolly	Hurt	Confused
Hysterical	Annoyed	FREEBIE	Excited	Afraid
Happy	Unsure	Worried	Content	Anxious
Relaxed	Cranky	Giddy	Depressed	Distracted

B	I	N	G	O
Hysterical	Confused	Mad	Jolly	Cranky
Annoyed	Worried	Depressed	Upset	Surprised
Content	Satisfied	FREEBIE	Grief	Relaxed
Afraid	Calm	Hurt	Giddy	Enraged
Unsure	Anxious	Startled	Bored	Stressed