

Mental Health Bingo

Sad boi playlist	Anxiety	Depression	Overdosed	Hate your scars
Burned yourself	Personal therapy	Like your scars	Attempted suicide	Other form of self harm
People think you're happy	Suicidal thoughts	FREE	Autism	Family therapy
Got high walls	PTSD	Gotten high	Eating disorder	Hate yourself
Dont know who you are	Been to a psych ward	OCD	Toxic friend group	Cut yourself

Mental Health Bingo

Suicidal thoughts	Attempted suicide	Overdosed	Burned yourself	Like your scars
Depression	Toxic friend group	Hate your scars	Been to a psych ward	Other form of self harm
Got high walls	Autism	FREE	Family therapy	Anxiety
Eating disorder	OCD	Sad boi playlist	Cut yourself	PTSD
Gotten high	Hate yourself	People think you're happy	Personal therapy	Dont know who you are

Mental Health Bingo

Been to a psych ward	OCD	Attempted suicide	Hate yourself	Autism
Sad boi playlist	Got high walls	Gotten high	Personal therapy	Hate your scars
People think you're happy	Cut yourself	FREE	PTSD	Eating disorder
Suicidal thoughts	Other form of self harm	Overdosed	Toxic friend group	Depression
Family therapy	Anxiety	Like your scars	Burned yourself	Dont know who you are