S	O	B	E	R
Treatment	AA	HA	Relationships	Money problems
Community Supports	Step Work	Positive coping strategies	Addiction	Relapse
Sober Friendships	Trigger	**FREE**	Affirmations	Meditation
Co-occurring disorder	Memory loss	Resentments	Mental Health Court	Self-help support group
High risk situations	NA	Having a sponsor	Better communication	Recovery Milestones

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S	O	B	E	R
Trigger	Resentments	Relapse	Recovery Milestones	Self-help support group
Affirmations	Co-occurring disorder	Money problems	Community Supports	NA
Addiction	Maintenance	**FREE**	AA	Mental Health Court
Treatment	Better communication	clean/sober	Relationships	Positive coping strategies
HA	Meditation	Memory loss	High risk situations	Step Work

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S	O	B	E	R
Community Supports	Self-help support group	Memory loss	Relationships	AA
Trigger	Relapse	HA	Co-occurring disorder	NA
Meditation	Maintenance	**FREE**	Affirmations	Addiction
Better communication	Sober Friendships	Money problems	Having a sponsor	Recovery Milestones
Step Work	Treatment	Mental Health Court	High risk situations	Family

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