

|                               |                         |                                      |                               |                      |
|-------------------------------|-------------------------|--------------------------------------|-------------------------------|----------------------|
| <b>B</b>                      | <b>I</b>                | <b>N</b>                             | <b>G</b>                      | <b>O</b>             |
| Vision                        | 5P<br>Rounding          | Fall Tip<br>Sheet                    | Proper<br>Lighting            | Muscle<br>Weakness   |
| Call light<br>within<br>reach | Uneven<br>Surfaces      | Personal<br>items<br>within<br>reach | Adequate<br>lighting          | Previous<br>Falls    |
| Safe<br>Transfers             | Walk<br>Safer           | <b>FREE</b>                          | Assistive<br>Devices          | Loss of<br>Balance   |
| Bedside<br>Commode            | Medication<br>Awareness | Reduce<br>Clutter in<br>the room     | Medication<br>Side<br>Effects | Reduce<br>Pain       |
| Hold<br>Handrails             | NEVER<br>WALK<br>ALONE  | Healthy<br>Blood<br>Pressure         | Bed<br>Alarm                  | Physical<br>Activity |

|                   |                            |                      |                         |                             |
|-------------------|----------------------------|----------------------|-------------------------|-----------------------------|
| <b>B</b>          | <b>I</b>                   | <b>N</b>             | <b>G</b>                | <b>O</b>                    |
| Walk Safer        | Reduce Clutter in the room | Previous Falls       | Physical Activity       | Reduce Pain                 |
| Assistive Devices | Bedside Commode            | Muscle Weakness      | Call light within reach | NEVER WALK ALONE            |
| Adequate lighting | Knowing limits             | <b>FREE</b>          | 5P Rounding             | Medication Side Effects     |
| Vision            | Bed Alarm                  | Yellow Socks         | Proper Lighting         | Personal items within reach |
| Fall Tip Sheet    | Loss of Balance            | Medication Awareness | Hold Handrails          | Uneven Surfaces             |

|                         |                |                         |                        |                   |
|-------------------------|----------------|-------------------------|------------------------|-------------------|
| <b>B</b>                | <b>I</b>       | <b>N</b>                | <b>G</b>               | <b>O</b>          |
| Call light within reach | Reduce Pain    | Medication Awareness    | Proper Lighting        | 5P Rounding       |
| Walk Safer              | Previous Falls | Fall Tip Sheet          | Bedside Commode        | NEVER WALK ALONE  |
| Loss of Balance         | Knowing limits | <b>FREE</b>             | Assistive Devices      | Adequate lighting |
| Bed Alarm               | Safe Transfers | Muscle Weakness         | Healthy Blood Pressure | Physical Activity |
| Uneven Surfaces         | Vision         | Medication Side Effects | Hold Handrails         | Clear Pathways    |