

B	I	N	G	O
What do others say they like about you?	Compliment Yourself Daily	Name an accomplishment that made you proud.	Talk about 3 things you are grateful for.	Share a characteristic you admire in others.
I feel best when people...	What do I like about who I am?	Share a happy event in your life	Give a compliment to somebody in the group.	Share the greatest compliment you have ever received.
Treat yourself weekly.	What qualities do you admire about someone close to you?	FREE	I am good at.	Name something you are proud of yourself for.
Name something you could do to make you happy.	Talk about someone you admire.	Say something positive about yourself.	Name something you are great at.	Share a characteristic you admire in yourself.
Name an activity you are good at.	I am happiest when I...	Share something you would like to do and haven't yet.	Who is someone you admire?	I feel good about myself when...

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Treat yourself weekly.	I feel good about myself when...	FREE	Talk about someone you admire.	Name something you are great at.
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Name something you are proud of yourself for.	Compliment Yourself Daily	Share a happy event in your life	I feel best when people...	Name an activity you are good at.