

S	O	B	E	R
Sponsor	Addiction	AA	Death	Positive coping strategies
Meditation	Co-dependence	Self-help support groups	Money problems	Self Esteem
Treatment	Asking for Help	FREE	Mental Health Court	HA
High risk situation	Relationships	Loss of Control	Positive Attitude	Resentments
Family	Memory loss	Drug	Better communication	Affirmations

S	O	B	E	R
Self Esteem	Better communication	Relapse	HA	Asking for Help
High risk situation	Self-help support groups	Affirmations	Treatment	Addiction
Mental Health Court	Positive coping strategies	FREE	Memory loss	Hope
Meditation	Co-dependence	Death	NA	Trigger
Money problems	Relationships	Celebrated recovery milestone	Positive Attitude	AA

S	O	B	E	R
Loss of Control	Co-dependence	Mental Health Court	Sponsor	Better communication
clean/sober	Trigger	Co-occurring disorder	Affirmations	Positive coping strategies
Money problems	Court	FREE	Addiction	Treatment
Meditation	Celebrated recovery milestone	High risk situation	Death	Asking for Help
HA	Family	Positive Attitude	NA	Relationships