

B	I	N	G	O
Treat others with kindness	Act brave	Don't insult the bully	Talk about it	Set a good example
Don't be reluctant to report bullying	Treat others the way you want to be treated	Stand confidently	Avoid the bully	Stick up for kids you see being bullied
Tell the bully how you feel	Treat others with respect	FREE	Be a good friend	Firmly tell the bully to stop and walk away
Follow the Golden Rule	Tell a trusted adult	Recognize signs of bullying	Encourage victim to tell a trusted adult	Spend time with friends that have a positive influence
Don't let a bully make you feel bad	Be kind and respectful to everyone	Stand up for others	Use the buddy system	Don't fight back

B	I	N	G	O
Treat others with respect	Avoid the bully	Talk about it	Don't be reluctant to report bullying	Stand confidently
Don't insult the bully	Use the buddy system	Set a good example	Be kind and respectful to everyone	Stick up for kids you see being bullied
Follow the Golden Rule	Be a good friend	FREE	Firmly tell the bully to stop and walk away	Act brave
Encourage victim to tell a trusted adult	Stand up for others	Treat others with kindness	Don't fight back	Tell a trusted adult
Recognize signs of bullying	Spend time with friends that have a positive influence	Tell the bully how you feel	Treat others the way you want to be treated	Don't let a bully make you feel bad

B	I	N	G	O
Be kind and respectful to everyone	Stand up for others	Avoid the bully	Spend time with friends that have a positive influence	Be a good friend
Treat others with kindness	Follow the Golden Rule	Recognize signs of bullying	Treat others the way you want to be treated	Set a good example
Tell the bully how you feel	Don't fight back	FREE	Tell a trusted adult	Encourage victim to tell a trusted adult
Treat others with respect	Stick up for kids you see being bullied	Talk about it	Use the buddy system	Don't insult the bully
Firmly tell the bully to stop and walk away	Act brave	Stand confidently	Don't be reluctant to report bullying	Don't let a bully make you feel bad